

Sylvan Heights Science Charter School May & June 2017 Grab 'n Go Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Manager's Choice Breakfast Fruit & Juice	2 Yogurt Cup Cinnamon Crisps Chilled Peaches & 100% Juice	3 Bagel of the Day Cream Cheese & Jelly Fresh Ripe Banana & 100% Juice	4 Manager's Choice Flavored Mini Pancakes Pineapple tidbits & 100% Juice	5 Cereal Bowl Jungle Crackers Orange Smiles & 100% Juice
8 Breakfast Pastry Fresh Apple Slices & 100% Juice	9 Manager's Choice Breakfast Fruit & Juice	10 Breakfast Taco Roll Fresh Banana & 100% Juice	11 Manager's Choice Flavored Mini Waffles Pineapple tidbits & 100% Juice	12 Cereal Bowl Fortified Pro-Star Donut Orange Smiles & 100% Juice
15 Breakfast Pastry Fresh Apple Slices & 100% Juice	16 Manager's Choice Breakfast Fruit & Juice	17 Manager's Choice Breakfast Fruit & Juice	18 Manager's Choice Flavored Mini Pancakes Pineapple tidbits & 100% Juice	19 Cereal Bowl Jungle Crackers Orange Smiles & 100% Juice
22 Breakfast Pastry Fresh Apple Slices & 100% Juice	23 Manager's Choice Breakfast Fruit & Juice	24 Breakfast Taco Roll Fresh Banana & 100% Juice	25 Manager's Choice Breakfast Fruit & Juice	26 Cereal Bowl Fortified Pro-Star Donut Orange Smiles & 100% Juice
	30 Manager's Choice Breakfast Fruit & Juice	31 Bagel of the Day Cream Cheese & Jelly Fresh Ripe Banana & 100% Juice	June 1 Manager's Choice Breakfast Fruit & Juice	2
5	6	7	8	9

HAVE A FUN and SAFE SUMMER!!!!!!!

What Makes a Breakfast Meal?

Breakfast includes these

Meal Components:

Grains Fruits Milk

Students with Free Eligibility may participate in both Breakfast & Lunch at no cost.



Milk Choices Offered Daily

Fat Free Flavored

Fat Free and Low Fat Unflavored



Suggestions & Comments
Contact

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